

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

April 2014



OFFICE HOURS

Bus. Office M-F 8:30-4:30

IMPORTANT NUMBERS

24 Hours (434) 392-6106

Hot Line (888) 391-1163



The Woodland Connexion

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Word for April: Showers

This month's weather forecasts tend to include a lot of "showers." Defined by www.M-W.com as "a fall of rain of short duration," these springtime storms leave many of us singing, "Rain, rain, go away." However, because Mother Nature bombards us with downpours in April, she'll be "showering" us with May flowers in no time.



Monthly Celebrations Keep these events in mind this April

- Eat some pecan pie during National Pecan Month.
- Consider a new style for National Decorating Month.
- Laugh out loud. It's National Humor Month.

Classical Music Anyone!!!



Dr. Jennifer Capaldo, a classical singer, visits and sings for the residents of The Woodland. The residents were entertained by Dr. Capaldo's beautiful voice and a true passion for music. **Remember, if you have a talent that you would like to share, please contact our Activities Department.**



Coffee Chat Is BACK!!!

Brookview residents, along with Activities Director, Ashley Garrett, enjoyed a full house in the Java Station while chatting and watching the snow fall. Watch calendar for times!!!



Therapy Corner

The Woodland Wellness team would like to recruit volunteer aides to help our Red Cross Learn-To-Swim instructor teach swim lessons. Contact Rachel Jennings or Susan Dykes 392.6106 ext. 333 for additional information. Be there to help others in our community.



Spring



Cali Foster

Miss Cali Foster, (granddaughter of Ms. Virginia Grile) stopped in on the Lee unit to entertain.



Residents of Holly Manor cooking up something special.



Nancy Redman enjoying the spirit of Mardi Gras.

Happy Anniversary!

The Woodland / Holly Manor is starting a new tradition by honoring residents and their significant others' anniversaries. Chef Shay and dining services are truly showing their culinary talents honoring these dates.



Fork Union Band Performs at Brookview



Mardi Gras King and Queen



Edward Harris and Page Johnson of Brookview





Talk About It






Seniors, Are You Fit?

The last Wednesday in May is Senior Health and Fitness Day. It's the largest annual health promotion event for older adults. We offer a number of activities to help senior residents keep active, so check the calendar, or ask at our office about ways we help you stay fit and healthy. As you can see The Woodland promotes being active and staying fit with a variety of choices.



April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Shirley Wicks	2 Josie Ramsey	3	4 Ruth Ferguson Harold Neihouse	5
6 James Bowen	7	8 Eloise Tucker	9	10 Hontas Harrison	11 	12
13	14 Doris Baldwin	15 	16 Robert Beck Katherine Fitzgerald Robert Jenkins	17	18 Paige Alvin Shirley Davis	19
20	21 Shirley O'Neil	22 Elizabeth Driskill Maurice Archer	23 Waverly Copley	24	25	26 Margaret Scott
27 Mabel Taylor	28 George Elliott Linbergh Boyd	29 Margaret Jordan	30 Lillian Wilkerson			

"This Month In History"

APRIL

1564: Playwright and poet William Shakespeare is born.

1859: A 23-year-old Missouri man named Samuel Clemens receives his steamboat pilot's license. He would later gain fame as writer Mark Twain.

1866: Henry Bergh founds the American Society for the Prevention of Cruelty to Animals.

1897: The first Boston Marathon is run. New Yorker John J. McDermott wins with a time of 2:55:10.

1906: A short story collection by O. Henry is published, including "The Gift of the Magi."

1914: The first movie theater, the Mark Strand Theatre, opens in New York City.

1954: Bill Haley and the Comets record "Rock Around The Clock."

1956: The elegant Grace Kelly marries Prince Rainier of Monaco, effectively ending her career as an actress and beginning her life as a princess.

1969: At the 41st Academy Awards, Katharine Hepburn and Barbra Streisand tie for Best Actress. Hepburn won for "The Lion in Winter"; Streisand for "Funny Girl."

1976: Mike Schmidt of the Philadelphia Phillies hits four consecutive home runs in a game against the Chicago Cubs.

1982: Jane Fonda releases the first of her signature workout videos.

1984: Kareem Abdul-Jabbar becomes the highest all-time scorer in the NBA after scoring his 31,420th point.