

# THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

March 2014



## OFFICE HOURS

Bus. Office ..... M-F 8:30-4:30

## IMPORTANT NUMBERS

24 Hours ..... (434) 392-6106

Hot Line ..... (888) 391-1163



## The Woodland Connexion

Karen M. Kitchen, Editor

Carey Waycaster, Asst. Editor

kkitchen@thewoodland  
inc.com

(434) 392-6106

## Asthma and Allergy

For many, spring means spending time outdoors and enjoying beautiful weather. For others, it means watery eyes, sneezing, coughing and clogged nasal passages. If you have these symptoms, talk to your doctor.

## Word for March: Growth

March brings the beginning of spring, a season of growth and renewal. Green blades of grass push through the ground, and green buds of leaves sprout on the trees. Regular growth is part of nature's cycle and ours, too. No matter how old we may get, we never stop growing! This March, consider ways you can grow your mind, heart, health and happiness.



Movie night at Brookview!



## Therapy Corner

Did you know speech therapy involves a lot more than saying sounds correctly? Speech language pathologists specialize in disorders that affect communication and swallowing. We work with people of all ages, from babies to adults, to address the wide variety of communication and swallowing problems caused by strokes, brain injuries, diseases such as Parkinson's or Alzheimer's, head and neck cancer, breathing problems, premature birth, developmental disabilities, genetic problems, hearing loss, autism, intellectual disabilities and severe impacts of long-term illnesses, just to name a few.



## The Woodland Family Practice-South

The Woodland is pleased to announce the relocation of The WFP-South to the Moore Center.

Dr. Gordon will begin seeing patients on Monday, March 3. To schedule appointments please call 392-8470.



T. J. Fulcher and family ...





## Think Spring!



Rose Schipula found the baby in the Mardi Gras cake!



### Feeling Well?

The week of the third Monday in March is Wellderly Week, celebrating seniors who don't act their age.

## The Courts Enjoy Lecture at Museum of Confederacy

David Wooldridge of the Appomattox Court House National Historical Park, an accomplished banjoist himself, told the story of Sam Sweeney. Sam Sweeney was the brother of the famous Joel Sweeney. Sam Sweeney was known for performing for Queen Victoria and General J.E.B. Stuart.

The residents followed their lecture with a lunch at Prospect Diner in Appomattox. Their famous homemade peach cobbler helped finish a fun day out.

Mr. Holley being from the North and Mr. Ferguson being from the South made the lecture and lunchtime discussion rather interesting.



### Powers & Brown Band

## Valentines for Wounded Warriors



On Thursday, Feb. 6, the Courts residents delivered Valentines to the Twin Lakes Wounded Warriors. Residents from Brookview made Valentines which were presented to Park Ranger Mark Cossa. The added Valentines doubled the amount they had already collected.







**BINGO!**



# March 2014

Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1 style="font-size: 4em; margin: 0;">MARCH</h1> 						<p>1</p> <p>Lorene Roberts</p>
2	3	4	5	6	7	8
Reuben Patterson Effie Soules	Joel Clingenpeel Martha Gillispie Bettie Maxey	Lillian Hill Clarence Schmidt	Bobbie Robertson			
9	10	11	12	13	14	15
Polly Oakes William Tomlinson Louise Cordle	Hazel Garrett	Virginia Cobb		Nancy Moss	Hester Bishop	
16	17	18	19	20	21	22
	Happy St. Patrick's Day Ruth Brown	Alta Southall	Edna Phillips	Reese Tucker	JR Smith Elizabeth Wilson	
23/30	24/31	25	26	27	28	29
	Evelyn Scott	Florence Walters	Mary Laird			

## "This Month In History" MARCH

**1765:** The Stamp Act is passed. It is the first direct British tax on colonists.

**1875:** In Montreal, Quebec, ice hockey is played indoors for the first time.

**1881:** P. T. Barnum and James A. Bailey merge circuses to form the "greatest show on Earth."

**1901:** Eleven years after his death, 71 of Vincent van Gogh's paintings are shown to great acclaim.

**1905:** Eleanor and Franklin Roosevelt are married. Former president Teddy Roosevelt gives away the bride.

**1912:** Juliette Low founds the American Girl Guides, better known today as the Girl Scouts.

**1917:** After ruling Russia for 23 years, Czar Nicholas II abdicates his throne amid the Revolution.

**1930:** Musical theater composer and lyricist Stephen Sondheim is born. He will go on to write such musicals as "Sweeney Todd" and "Into the Woods."

**1939:** The NCAA men's basketball tournament is created. The tournament will become known as March Madness.

**1961:** The Peace Corps is established after President John F. Kennedy challenges college students to serve their country.

**1962:** 7-foot-1 basketball player Wilt Chamberlain scores 100 points in a single game, breaking the record by 22 points.

**1963:** The popular children's toy the Hula Hoop is patented.

**1997:** The WB debuts its first hit television show, the groundbreaking series "Buffy the Vampire Slayer."

**2009:** Toyota announces it has sold more than 1 million hybrid cars since their American debut in 2000.