

March 2014



#### **OFFICE HOURS**

Bus. Office ..... M-F 8:30-4:30

#### **IMPORTANT NUMBERS**

24 Hours (434) 392-6106 Hot Line (888) 391-1163



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#### **Word for March: Growth**

March brings the beginning of spring, a season of growth and renewal. Green blades of grass push through the ground, and green buds of leaves sprout on the trees. Regular growth is part of nature's cycle and ours, too. No matter how old we may get, we never stop growing! This March, consider ways you can grow your mind, heart, health and happiness.



Movie night at Brookview!

# PLAY THE GAME

## **Therapy Corner**

Did you know speech therapy involves a lot more than saying sounds correctly? Speech language pathologists specialize in disorders that affect communication and swallowing. We work with people of all ages, from babies to adults, to address the wide variety of communication and swallowing problems caused by strokes, brain injuries, diseases such as Parkinson's or Alzheimer's, head and neck cancer, breathing problems, premature birth, developmental disabilities, genetic problems, hearing loss, autism, intellectual disabilities and severe impacts of long-term illnesses, just to name a few.



# **Asthma and Allergy**

For many, spring means spending time outdoors and enjoying beautiful weather. For others, it means watery eyes, sneezing, coughing and clogged nasal passages. If you have these symptoms, talk to your doctor.

# The Woodland Family Practice-South

The Woodland is pleased to announce the relocation of The WFP-South to the Moore Center. Dr. Gordon will begin seeing patients on Monday, March 3. To schedule appointments please call 392-8470.



T. J. Fulcher and family ...



# Think Spring!



Rose Schipula found the baby in the Mardi Gras cake!





Feeling Well?

The week of the third Monday in March is Wellderly Week, celebrating seniors who don't act their age.

# The Courts Enjoy Lecture at Museum of Confederacy

David Wooldridge of the Appomattox Court House National Historical Park, an accomplished banjoist himself, told the story of Sam Sweeney. Sam Sweeney was the brother of the famous Joel Sweeney. Sam Sweeney was known for performing for Queen Victoria and General J.E.B. Stuart.

The residents followed their lecture with a lunch at Prospect Diner in Appomattox. Their famous homemade peach cobbler helped finish a fun day out.

Mr. Holley being from the North and Mr. Ferguson being from the South made the lecture and lunchtime discussion rather interesting.







**Powers & Brown Band** 

# Valentines for Wounded Warriors



On Thursday, Feb. 6, the Courts residents delivered Valentines to the Twin Lakes Wounded Warriors. Residents from Brookview made Valentines which were presented to Park Ranger Mark Cossa. The added Valentines doubled the amount they had already collected.







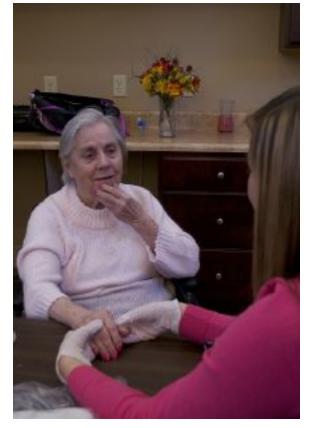






















### March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*	MAF	RCH \$	K	$\langle \rangle$	1 Lorene Roberts
Reuben Patterson Effie Soules	Joel Clingenpeel Martha Gillispie Bettie Maxey	Lillian Hill Clarence Schmidt	5 Bobbie Robertson	6	7	8
Polly Oakes William Tomlinson Louise Cordle	Hazel Garrett	Virginia Cobb	12	13 Nancy Moss	14 Hester Bishop	15
16	Happy St. Patrick's Day Ruth Brown	18 Alta Southall	19 Edna Phillips	Reese Tucker	JR Smith Elizabeth Wilson	22
23/30	<b>24/31</b> Evelyn Scott	25 Florence Walters	<b>26</b> Mary Laird	27	28	29

# "This Month In History" MARCH

**1765:** The Stamp Act is passed. It is the first direct British tax on colonists.

**1875:** In Montreal, Quebec, ice hockey is played indoors for the first time.

**1881:** P. T. Barnum and James A. Bailey merge circuses to form the "greatest show on Earth."

1901: Eleven years after his death, 71 of Vincent van Gogh's paintings are shown to great acclaim.

**1905:** Eleanor and Franklin Roosevelt are married. Former president Teddy Roosevelt gives away the bride.

**1912:** Juliette Low founds the American Girl Guides, better known today as the Girl Scouts.

**1917:** After ruling Russia for 23 years, Czar Nicholas II abdicates his throne amid the Revolution.

1930: Musical theater composer and lyricist Stephen Sondheim is born. He will go on to write such musicals as "Sweeney Todd" and "Into the Woods."

**1939:** The NCAA men's basketball tournament is created. The tournament will become known as March Madness.

**1961:** The Peace Corps is established after President John F. Kennedy challenges college students to serve their country.

1962: 7-foot-1 basketball player Wilt Chamberlain scores 100 points in a single game, breaking the record by 22 points.

**1963:** The popular children's toy the Hula Hoop is patented.

**1997:** The WB debuts its first hit television show, the groundbreaking series "Buffy the Vampire Slayer."

**2009:** Toyota announces it has sold more than I million hybrid cars since their American debut in 2000.

