



THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

September 2012



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The Woodland Connexion

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A Day at the Spa!

The Courts residents recently ventured out for a day at the spa full of rest and relaxation. They received geriatric massages at

Massage Envy located in Midlothian, Virginia, this was a first time experience for several of the ladies. After the ladies rejuvenated, they treated themselves to a quaint lunch at

The Desserterie Bistro & Patisserie.



Betty Fox, Lois Nervig, Massage Therapist, Elsie Wilson and Marie Powers

Reunited at the Woodland!



Nikki Chevalier & Elsie Wilson

It can be a small world sometimes. Elsie Wilson and Nikki Chevalier can attest to this fact. Elsie and Nikki met at the resident council meetings and learned that they have a lot in common other than relocating to The Woodland. Their husbands were in the navy and they lived in the Kempsville area of Virginia Beach during the same time frame. Both attended Emanuel Episcopal Church and have similar acquaintances. Their paths have once again crossed at The Woodland, and together enjoying each other's company.



Camera Day ... Liz Owen shows per patriotic spirit and smile.

Upcoming Events

* Courts

- Charlottesville Wine Tasting Tour

* Holly Manor

- Read A Book Day, Fortune Cookie Day & Grandparents Day

* Brookview

**National Assisted Living Week
Sept. 9-15**

- Arts For The Ages Activities



The Red Hatters - Mabel Taylor, Hazel Bisailon, Edna Phillips, Chris Hadel enjoy Tomato Biscuits from tomatoes grown in the garden at Brookview.



Assisted Living

National Assisted Living Week will be taking place September 9 - 15.

National Assisted Living Week provides a unique opportunity for residents, families, staff, volunteers, and the surrounding community to come together to share with our residents a variety of events and activities that show them how much we care for them. The 2012 theme, Art for the Ages, will inspire creativity and participation from all groups. The assisted living activity department will have numerous events planned.

ahcancal.org



Sunset Prayers

Orange and white blend in the sky
Sunset, loneliest time of the day.
Natural beauty, pleasing to the eye
Memories speak, but my mouth has
nothing to say

My heart is slowly breaking
I know you'll always be there, till
the end

I need help, my problems are yours for
the taking

We've always been friends
Always give me a reason to smile
Look at the sky, see you, and glisten
Let's sit and talk awhile
You're the one who will forever listen
I am thankful for my life, and for you
When nothing else helps, you get
me through.

Written By:

Tommy Chambers, Frances Pipjunge
Daisy Swink, Alberta White
Activity Assistant Nicole Hayes

Anniversary Celebration



Gene and Nancy celebrate their anniversary with a kiss.

Gene and Nancy Combs celebrated their wedding anniversary on June 4. They have been married for 52 years! We wish them many more!

Camera Day!



Elizabeth Wilson is all decked out on camera day!

Bon Appetit Club!



Bon Appetit Club members

The **Bon Appetit Club** recently ventured to **The Neighbors Place** in the Wyndhurst community of Lynchburg. Members of the club enjoyed a fantastic meal and as always lots of laughs.

Larry Storch From F-Troop Makes Appearance



Larry Storch as Corporal Agarn



James Jones & Larry



Mary Grigg & Larry



Larry & Joan Neihouse

Strike!



Effie Soules goes for a strike at Mainstreet Lanes in Farmville.

Family Time



Henry Thompson and his sons..



Louise & Thomas Paris



Patriot Day

Patriot Day is an annual observance on September 11 to remember those who were injured or died during the terrorist attacks in the United States on Sept. 11, 2001. On the direction of the President, the flag of the United States of America should be displayed on the homes of Americans, the White House and all United States government buildings. The flag should be flown at half-mast as a mark of respect to those who died on Sept. 11, 2001. Many people observe a moment of silence at 8:46 a.m. (Eastern Daylight Time).


timeanddate.com



Keep Moths Away

Sachets filled with dried lavender help repel clothes moths.

September 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Elsie Wilson
2	Labor Day Virginia Clabo	3	4	5 Ruth Nicholson	6 Rebecca McBride	7
9 Hassie Walker	10	11	12	13 Regina Wilkerson & Susan Lindsey	14 Clara Baughman & Docia Shumaker	15 Mary Dunn
16	17 Mildred Bolt	18 Charles Brownlee & Eleanor Huff	19 Louise Randolph	20	21	22
23/30 30: Golda Whittley	24 Juliatt Bradshaw & Peggy Scott	25 Ella Taylor	26 Dollie Noble & Pauline Allen	27 Pattie Trent	28 Ronald Haney	29 Lorraine Watson, Frank Shanaberger & Charles Baker



On the road again ... The Courts residents are posing in front of the new van for activity adventures.