

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

December 2012



OFFICE HOURS

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IMPORTANT NUMBERS

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The Woodland Connexion

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Christmas Morning at the Woodland

Mark your calendar for Christmas Morning at The Woodland on Dec. 1 from 7 a.m. to 9 a.m. The event will be held across campus at Brookview, Holly Manor, and The Moore Center. Breakfast will be served, there will be pictures with Santa and Christmas caroling. Residents, family members, and staff are all encouraged to attend for a great time with family and friends.



APO Volunteers at Holly Manor

Holly Manor residents enjoy weekly visits from Alpha Phi Omega (APO) fraternity members. APO volunteers help with a variety of activities at Holly Manor.



Tommy Chambers and Estherlyn Young enjoy activity time with APO volunteers.

Fabulous Fridays 2012

Bring this coupon and receive 25% off any jewelry purchase at The Woodland Gift Shoppe.

Upcoming Events

- * The Courts
- Living Christmas Tree
- Christmas Shopping
- * Brookview
- Christmas Caroling
- Making Christmas Bows
- * Holly Manor
- Christmas Party
- Christmas Caroling



First Snow Contest!

What day will we get at least an inch of snow? Residents and staff give your guesstimates to the Brookview and Holly Manor receptionists. Submit both date and time. The person who has the closest guess will win a prize!



Estelle Peck says to Tricia Wingo's dog, "That is the best Halloween present I could have ever had."



Stay Social

A study from Harvard reported that older people with the highest level of social integration had the slowest rate of memory decline over a six-year period. Experts think the shared interaction with community may play a role. Stay connected with peers to not only enjoy the friendship, but also retain brain power. Stay socially interacted by keeping in touch with friends and family. Find others that share the same interests as you. If you enjoy crafts, get together with people to make scrapbooks or other crafts. Sports may be your hobby, so go fishing or golfing, or even watch sports on television with your buddies. With the holiday season upon us, now is the time to visit family and friends and go to festive activities.

Watson Unit Renovations

The Watson Unit has recently been renovated. The unit has a new nurses' station and renovated day area.



Helen Baker enjoys the new theatre room.



Tanya Watkins, LPN, works at the new nursing station on Watson.

Minute to Win It



Harold Neihouse and Flora Grant compete in a Thursday night activity game, Minute to Win It. Mutt Banton, Nancy Moss, Margaret Ashmore, and Marie Bishop cheer them on.

Delicious Dinners



James Jordan and Wayne Carroll

The men of The Courts outdid themselves at the Halloween Potluck Dinner. James Jordan prepared homemade chili, and Wayne Carroll made an authentic pasta dish.

Mary Grigg Turns 100!

Mary Grigg celebrated her 100th birthday on Nov. 8. She enjoyed the milestone with a birthday party given by her family. Mary still enjoys reading and visiting with friends and family.



Mary Grigg

Phi Mu Alpha Visits Brookview

Phi Mu Alpha, a music fraternity from Longwood University, visited Brookview. Members sang throughout the building and presented residents with flowers.



Madeline Wynn accepts a carnation from a Phi Mu Alpha member.



These young men filled the hallways with joyous singing at Brookview.



Edna Phillips receives carnations from a young man.

The Woodland Goes to Williamsburg

Apartment residents recently went to Williamsburg for a few days. The group enjoyed sightseeing in Colonial Williamsburg and lots of shopping at the outlet malls and the pottery.



The group takes a photo before traveling off. Pictured left to right: Trish Wingo, Marie Powers, Elsie Wilson, Mac McLaughlin, Mary A. Lynn, Mary Cuffie, and Kelly Ragland.



And they're off! You can't stop these tourists!



Mary A. Lynn and Marie Powers obviously could not behave!



New Options

Dining Facilities

The upcoming new year brings new dining options for the Holly Manor facility. Residents, staff, and family members will be able to dine in Atkins Dining or Collmann Place. Atkins Dining and Collmann have been renovated and will offer various dining options.






Daily Java Trips

The activity department will now offer assistance for residents to visit the Java Station. Contact the activity department for more information.



December 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 <p>Season's Greetings</p>				1
2 Roberta Stables	3 Myrtle Bridgforth, Alma Lewis & Thomas Locke	4 Terry West & Alice Yeatts	5	6	7	8
9 Rachel Snead & Kathryn Morris	10	11 David Stables	12	13 Jessie Pendleton		14 Margaret Daily & Charles Booker
16 Richard Burrell	17	18	19 Nancy Giannini	20	21	22
23/30 Ethelyn Shepard & Harold Stone		24/31 Josephine Faris	25	26	27 Billye Minnix	28 Patsy Pough
						29



Our Warmest Wishes

Enjoy the Season!

Merry Christmas! ❄️ Happy Hanukkah! ❄️ Happy Kwanzaa!

We hope your holiday is filled with peace and joy!