

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

September 2015



OFFICE HOURS

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IMPORTANT NUMBERS

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The Woodland Connexion

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Take a look around and see all the construction that is happening here at The Woodland. The wait is over for **The Woodland Community Center** that will be located in Varner Circle. The ground breaking, equipment moving, trees are being removed and hopefully it will not be long and the building will begin. We look forward to keeping you updated on the progress of the undertaking that will not only benefit The Woodland but bring in our community.

Projects are also under construction on our Lee Wing. If you have a chance please visit and see the new additions that are occurring with the new rooms for activities and families to gather. There is a large room that

will be a multi-function room with lots of technology. The residents and guests will be able to enjoy movies on a large screen with speakers and singers having a improved sound system.



We're Miles Ahead of the Competition

Here's another great reason to live in our community: Our convenient walking club. It's within steps of your front door and a great resource for fitness buffs. Contact Sue at our Brookview facility for details.

Five County Fair 2015

It's that time of year again! Fair will be at the fairgrounds beginning Tues, Sept. 22, thru Sat, Sept. 26! For more information on events & times, go to www.fivecountyfair.com. Jr & Margie Smith will also be taking resident's artwork to the fair this year.

Pause for Pets

The September calendar includes Responsible Dog Ownership Day. And while plenty of love and attention go a long way toward the well-being of your furry friend, don't forget as we walk our pets make sure we clean up. Some people walk the same area.



Courts

The Woodland Day Trippers

August day trippers went to The Anne Spencer House & Museum Garden located in Lynchburg, VA. The Courts residents enjoyed learning more about the life of Mrs. Anne Spencer, who was a published poet, civil rights activist, teacher, librarian and established Gardener. The tour was made even more meaningful since it was given by her granddaughter, Shaun Spencer-Hester.



After the gracious tour, our Day Trippers enjoyed a leisurely lunch at the Depot Grill located in downtown Lynchburg. The meal was enjoyed in their private dining area where everyone could discuss their favorite parts of the house and garden tour.



Thomas Jefferson's Popular Forest, Lynchburg, VA



Don't Be Left Out of the Fun!

Upcoming activities for The Courts Residents

Walton's Mountain Museum

Thomas Jefferson's Popular Forest

Fishing at Wilkes Lake

Coffee Chat Club*

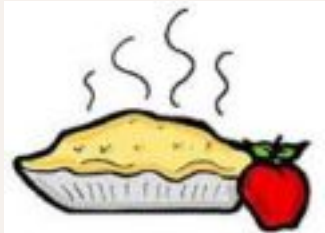
Movie Time*

Fall Apple Pie Party*

*Activities will be held at Kemper Street Apartment

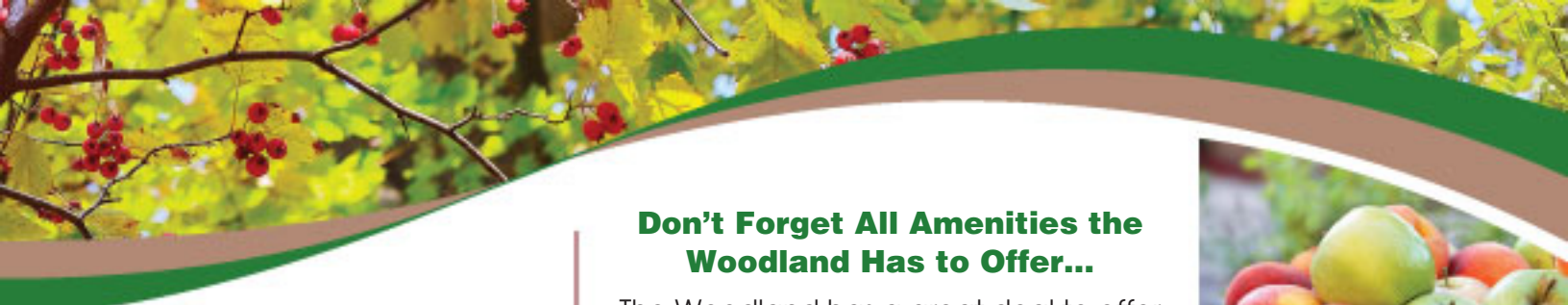
Chocolate Party!!!!

In August, The Courts Residents enjoyed a chocolate party. Everyone in attendance had a great time and went away with a special treat of their own!



Walton's Mountain Museum, Schuyler, VA





Don't Forget All Amenities the Woodland Has to Offer...

The Woodland has a great deal to offer any perspective resident. Stop in and speak with Megan Harris for more information and tours of our assisted-living and apartments. Our Wellness team offers classes to fit your specific needs. Call and ask for Audrey in our Wellness department. If you are needing one-on-one outpatient therapy, Debbie Mawyer is available to answer any questions you may have. We not only offer skilled and long-term care assistance to families.



Community



Wellness programs for residents and community.



Transportation offered for residents to and from doctor appointments & therapy.



Daily activities by knowledgeable staff

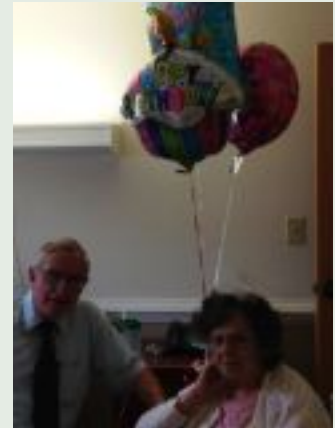


One-on-one therapy sessions available to residents and community.



September 13-19, 2015

This year's theme celebrates the countless ways assisted living caregivers nurture the whole resident. Communities across the country work each & every day to ensure that the lives of their residents are fully nourished in each and every way. Residents nourish the lives of team members and volunteers by, with the support of loved ones, sharing their inspiring lives.



September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Elsie Wilson	2 James Love	3 Suzanne Bledsoe Martha Thompson Virginia Clabo	4	5 Barbra Thoma
6	Labor Day 7	8 Delsie Harrup	9	10	11 Stuart Dunnavant	12 
13 Regina Wilkerson	14 Docia Shumaker	15 	16	17	18 Mary Lloyd	19 Marie Anton Louise Randolph
20 Marie Bishop	21	22 Paul Flowers	23	24 Margery Fuller Nancy Leslie	25 Juanita Fulghum Ella Taylor Ola Wilkerson	26 Pauline Allen
27 James Jordan Charlotte Huskey	28 Barbara Barden	29	30 Mary Cuffle			

Word Search

Today's Category: Six-Letter Animals & Birds

K B G H T U R K E Y P L
 I **B E A V E R** G Y G I C
 T O O K C U C H R Z E P
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- Word Search Solution:
- | | |
|------------|------------|
| 1. Baboon | 11. Jackal |
| 2. Beaver | 12. Jaguar |
| 3. Bobcat | 13. Kitten |
| 4. Canary | 14. Lizard |
| 5. Coyote | 15. Monkey |
| 6. Cuckoo | 16. Parrot |
| 7. Donkey | 17. Pigeon |
| 8. Ermine | 18. Poodle |
| 9. Falcon | 19. Rabbit |
| 10. Gopher | 20. Turkey |

