



THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

May 2017



OFFICE HOURS

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IMPORTANT NUMBERS

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The Woodland Connexion

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IN MEMORIAM

The Woodland will once again be having our bi-annual memorial service for our residents who have passed from October 2016 thru March 2017. It will be Thursday, May 18th, at The Woodland Community Center. Reception will begin a 6:00pm; program to begin at 6:30pm.



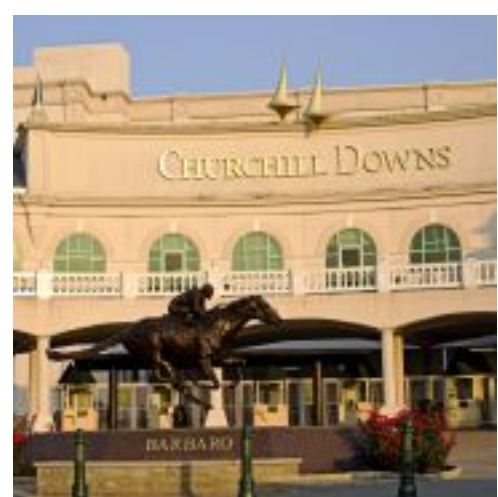
Mother's Day Aprons & Sweet Tea Party

Come join your mothers on Friday, May 12th, in the Jefferson Dining Room at 2:00 pm.



Kentucky Derby

The month of May brings lots of excitement, especially in the horse racing world. May 6th will be one of the biggest races of the year . . . **Kentucky Derby at Churchill Downs.** So get your cocktail dress out and put your derby hat on and sit back and enjoy the glamour! Coverage will be on NBC and begins at 2:30pm eastern time.



Heart of Virginia Festival

Every 1st Saturday in May, Farmville opens up Main Street for their famous "Heart of Virginia Festival." This year it falls on May 6th. Mark it on your calendars and come on out and enjoy all the festivities.



Celebrate on May 29th.

The Woodland Company Picnic

It's that time of year! All employees of The Woodland are invited to enjoy good food, games and fellowship at The Woodland Company Picnic. It will be held on Thursday, June 1st, at Wilck's Lake Island Pavilion from 11am till 1pm.



Trivia Whiz

Majestic Mount Everest

In the Himalayas, on the border between Nepal and China, stands Mount Everest, one of the most iconic mountains in the world. Explore these facts about the natural wonder:

Mount Everest is the highest mountain on Earth, towering 29,029 feet above sea level.

In 1865, the Royal Geographical Society named the mountain after British surveyor George Everest, who helped map the region.

At the peak, temperatures average 35 degrees below zero, and winds can top 100 mph.

On May 29, 1953, Edmund Hillary of New Zealand and Tenzing Norgay of Nepal were the first confirmed climbers to reach the summit.

Everest is nicknamed "the roof of the world."

Supporting Our Nation's Mothers

For more than 80 years, the American Mothers organization has worked "to champion women by honoring, educating and serving mothers at home, at work and in the world."

American Mothers was originally a committee formed by a group of influential citizens—including J.C. Penney, Norman Vincent Peale and Eleanor Roosevelt—who strived to honor the role that mothers hold in strengthening families and the nation. In 1935, Sara Delano Roosevelt, mother of then-president Franklin D. Roosevelt, presented the first Mother of the Year award to Lucy Keen Johnson of Georgia.

Since then, the nonprofit organization has selected a Mother of the Year from the 50 states, the District of Columbia and Puerto Rico, then named a national honoree.

Nominations can be made at AmericanMothers.org from Mother's Day through Nov. 15.

The official sponsor of Mother's Day, American Mothers works year-round to implement service and educational programs, provide scholarships, and raise awareness of issues that impact mothers. They've also partnered with the United Nations to serve mothers and families at a global level.



Old City Cemetery Lynchburg, VA

A group from The Courts recently visited the Old City Cemetery located in Lynchburg. It was est. in 1806 and is currently the oldest municipal cemetery in Virginia. It is a 27-acre public garden with a village of 5 small museums that helps tell the stories of over 20,000 buried residents. Grounds are filled with varieties of native & heirloom plants, not to mention it is the largest public collection of antique roses in the state of Virginia.





The local VFW came out to visit with some of our resident veterans.



The Courts residents enjoy their tea party.



Watson residents enjoy an afternoon party.



The men of Brookview enjoyed KFC in the sunroom.



A representative from Twin Lakes State Park came out to show residents of Brookview how to make bird feeders.

May 31st National Senior Health & Fitness Day!



Bowling at the local bowling alley in Farmville.



Pie enjoyed by The Courts residents.

May Is National Mental Health Awareness Month



Wit & Wisdom



May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Harris Huskey Callie Webb	2 Flora Grant	3 Katherine MacEachran	4	5 Elizabeth Barrere "105"	6 Anita Eanes
7	8	9 Magaline Clark Elizabeth Dupree Rhesa Hicks	10	11 	12 Betty Lotterer	13
14 Virginia Branch "100"	15 Norma Williams	16	17	18 Gertrud Buono	19 Barbara Martin Mildred Harvey	20
21 Elsie Lancaster	22	23	24	25	26	27
28 Fannie Borum	Memorial Day 29 Violett Potts Michael Blevins	30 Annie Pyle	31	 <i>May</i> 		



National Nursing Home Week
May 14th thru May 20th, 2017

Check your May activities calendar for a complete listing of the week events.