

THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

January 2018



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The Woodland Connexion

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Happy New Year!

"Ring out the old, ring in the new,
Ring, happy bells, across
the snow:

The year is going, let him go;
Ring out the false, ring in
the true."

—Alfred, Lord Tennyson

We want to wish all of our residents a happy new year. We hope it's the best one yet! Our resolution for the year remains the same as always: To ensure our residents have a wonderful place to call home. Let us know if there is anything we can do to better fulfill this resolution. Happy New Year!

Happy 2018!

Residents Giving Back

Special Touch Designs Florist & Gifts, located in Dillwyn, VA, presented the residents of the Woodland with African Violets for Make Someone Smile Week. The residents of the Woodland made this beautiful sign for the owners, Tracy & Jonathan Fitzgerald and their son, as a special thank you.



Warm Up With Layers

Instead of one thick sweater, wear layers of clothing to keep away the chill of cold weather. Multiple layers act as insulation by trapping warm air, keeping you cozier.

HAPPY MLK DAY

Words From Martin Luther King Jr.

"Life's most persistent and urgent question is: 'What are you doing for others?'" —Martin Luther King Jr.

Monday, January 15th

1st Snow Fall!

On Friday, December 8th, 2017, the Farmville area was hit with their 1st snow fall of the winter season!





Trivia Whiz

Soup's On

Whether it's a hearty chowder or a delicate broth, a bowl of soup can warm you up on a winter day. During National Soup Month in January, take stock of these common types:

Chowder. This is a chunky soup that often features pieces of seafood and vegetables.

Bisque. Originating in France, bisque is a rich, creamy soup traditionally made with pureed shellfish.

Broth/Stock. The light liquid that remains after cooking meat and vegetables in water and then straining it is called broth. To create stock, meat or fish bones are simmered to create an intense, flavorful base for other recipes.

Cream. This popular soup is made by adding cream to a pureed vegetable or meat stock. Mushroom, tomato and chicken are classic varieties.



Thomas Road Baptist Church singing.

March of the Mummers

Thousands will be parading through Philadelphia's streets in a New Year's Day tradition that's more than a

century old. The Mummers Parade is the oldest folk parade in the country, first held in 1901, but the custom dates back to ancient cultures in Egypt and Europe. The participants, or mummers, are members of local clubs who work throughout the year to prepare their lavish costumes, props and performances.



Carolers



Holiday Paint Party



Bugles Across America

In just 24 notes, the familiar bugle call known as taps has been sounded as part of a long-held tradition to honor those who have served in the military.

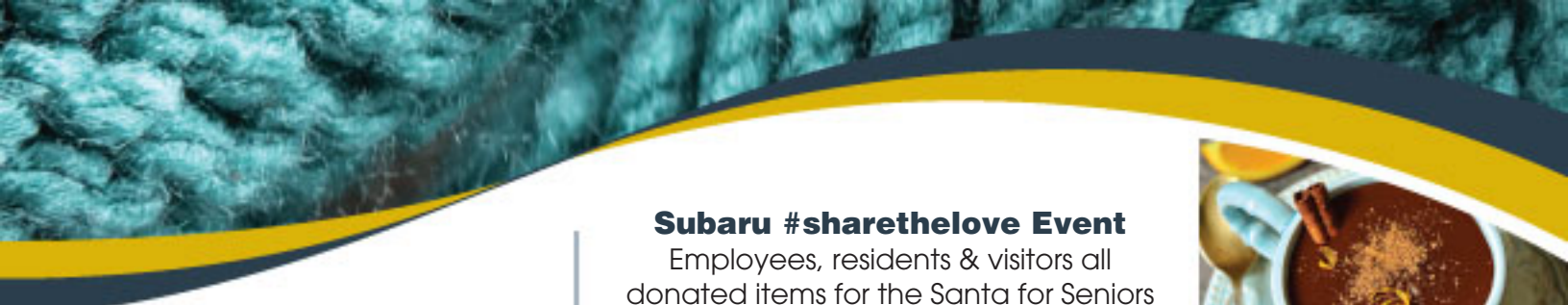
By law, every honorably discharged veteran has the right to a military honor guard at their memorial service. The honor guard must consist of at least two members of the military who fold and present the U.S. flag to the family

and arrange for the sounding of taps, either live or recorded.

U.S. Marine Corps veteran Tom Day of Illinois felt those who had served their country deserved a proper tribute that included a live rendition of taps, so he founded Bugles Across America in 2000. The organization provides musicians free of charge to sound taps at military funerals.

Families can request a bugler at BuglesAcrossAmerica.org, and a notice is then sent to volunteers in the area. More than 4,000 people of all ages, in all 50 states and several countries, have registered as volunteer buglers.

Despite the group's name, bugles aren't the only instrument used to perform taps; trumpets, cornets and flugelhorn are also played.



Subaru #sharethelove Event

Employees, residents & visitors all donated items for the Santa for Seniors event that was held here at The Woodland. Van full of items was delivered to Piedmont Senior Resources. Thank you to all that participated.



Wit & Wisdom

“The new year stands before us, like a chapter in a book, waiting to be written. We can help write that story by setting goals.”
—Melody Beattie

“Set your goals high, and don’t stop till you get there.”
—Bo Jackson

“What you get by achieving your goals is not as important as what you become by achieving your goals.”
—Zig Ziglar

“Life’s up and downs provide windows of opportunity to determine your values and goals. Think of using all obstacles as steppingstones to build the life you want.”
—Marsha Sinetar

“Your goals are the road maps that guide you and show you what is possible for your life.”
—Les Brown



Sewing Group

One and Done

If you’re nursing a cold that has you blowing your nose, avoid reusing a tissue in an effort to be thrifty. Promptly throw away used tissues to reduce the risk of spreading germs.



Brookview Bell Choir



Brookview Choir





5 Things About: January

- January is the coldest month in the Northern Hemisphere and the hottest month in the Southern Hemisphere.
- Scholars say the name January derives from the Latin word for “door.”
- With the exception of leap years, January begins on the same day of the week as October.
- The birth flower for the month is the carnation.
- The third Monday of January is recognized as Martin Luther King Jr. Day.



January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 John Atkinson	2	3 Opal Tyler Elizabeth Coleman	4	5	6
7 Doris Bellofatto Irma Heath	8	9 Earl Amos	10	11	12 	13
14 Martin Luther King Jr. Day	15 Dorothy Williams	16	17 Lucille Dowdy Cheryl Allen	18	19 Patricia Rivero	20 
21 Robert Laws	22 Charles Barron	23 James Papouchis	24 Edith Pace	25 Elizabeth Lackey Mabel Thomas	26	27 Barbara Bedner Margaret Martin
28	29 Herbert Cumbea	30 John Hall	31	<i>January</i>		

Word Search

Category: Bad Guys

N M P M X M U L D O O H
 E B U L L Y D T S D D D
 E D N D D F H R O U E G
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- Word Search Solution:
- Bully
 - Burglar
 - Cheater
 - Criminal
 - Crook
 - Devil
 - Felon
 - Hoodlum
 - Liar
 - Ne'er-do-well
 - Ogre
 - Punk
 - Rat
 - Rogue
 - Roué
 - Ruffian
 - Scoundrel
 - Thief
 - Traitor
 - Villain

