

# THE WOODLAND CONNEXION

RESIDENTS' NEWSLETTER

March 2019



## OFFICE HOURS

Bus. Office ..... M-F 8:30-4:30

## IMPORTANT NUMBERS

24 Hours ..... (434) 392-6106

Hot Line ..... (888) 391-1163



## The Woodland Connexion

Carey Waycaster, Editor

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inc.com

(434) 392-6106

## Watson Memory Care Center

Is now OPEN! Please feel free to stop in to see The Woodland's new addition and speak with Joe.



The Watson Memory Care Center officially opened its door on Monday, February 18, 2019. The community was invited to an Open House event on Sunday, February 17.



## Wearing of the Green

If you wear green this month you may find yourself more relaxed. Green symbolizes nature, & many people find the color has a calming effect.

## March Weather Folklore

According to an old saying, "March comes in like a lion and goes out like a lamb." Weather folklore often illustrated balance in nature, so if the month roared in with storms, then it should end on a calm, docile note. Since March marks the end of winter & the beginning of spring, this prediction can be true. At times elements of both seasons can be felt throughout the month.

## Community Card Games

The Community is cordially invited to The Woodland every 2nd & 4th Thursday of each month. Begins at 2pm at Varner Hall-Brookview.



## Support Group Information

*Alzheimer's Association*

*Caregiver Support Group for Families and Caregivers of Persons Living with Dementia*

meet on the 1st Thursday of the month at 2pm at Brookview. For more information, please contact Marion Kyner at (434) 392-6106, ext 222.

Find us on 

Type in The Woodland Inc and like our page!



## Lore

### Leprechaun Lore

The Irish fairy known as a leprechaun is a familiar figure during St. Patrick's Day celebrations. Here's more about this wee little man:

- Leprechauns are shoemakers, and legends say they can be detected by the tap-tap-tapping of a tiny cobbler's hammer.
- Nowadays leprechauns are said to always wear green, but early tales have them dressed in red.
- If a leprechaun is caught, he will offer three wishes in exchange for his freedom.

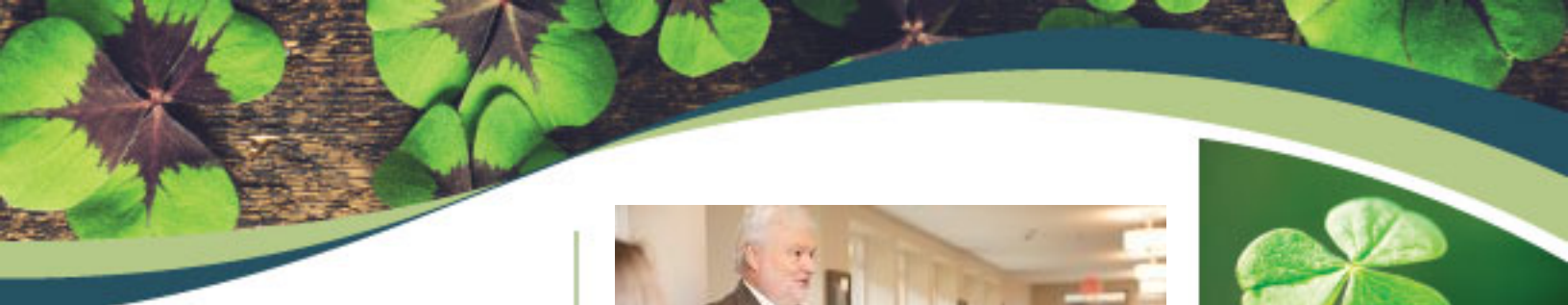
### Welcome Spring

The first day of spring marks the spring equinox, when the sun shines directly on the Earth's equator, and the length of night and day are nearly equal.



## Newest Addition





# Watson Memory Care Center



## Open House



# March 2019

Sunday

Monday

Tuesday



Wednesday

Thursday



Friday

Saturday

# March

					1	2
3	4 Margaret Hargrove	5 Dan Wickham Bobbie Robertson	6	7 Izetta Moore Wilbert Saunders Charles Klotzberger	8 	9 Sarah Evans William Tomlinson Marjorie Smith
10	11 Sue Wilkerson Virginia Cobb Kay Green	12 Vickie Sprouse	13	14	15	16
17 	18 Alta Southall	19	20 David Cobb Jeanne Hollis	21 Elizabeth Wilson Marie Powers	22 Maude Slater Lois Bickford	23 Fred Brown
24/31 31-Edith Bowman	25	26 Mary Laird	27	28 Mary L. Williams	29	30 Carol Prescott

# BINGO

W	O	R	H	T	
Wilson		Reagan	Hoover	Harding	20th-Century U.S. Presidents
Walks	On-deck	Runs	Hits	Tag	Baseball Terms (such as: Steals)
	Oklahoma City	Richmond	Hartford	Tallahassee	U.S. State Capitals
Watermelon	Orange	Raspberry	Huckleberry	Tangerine	Fruits
Wille	Ozlie	Ricky	Haywood	Tracy	1st Names of Famous People Whose Last Name is "Nelson"

- 20th-Century U.S. Presidents
- Baseball Terms (such as: Steals)
- U.S. State Capitals
- Fruits
- 1st Names of Famous People Whose Last Name is "Nelson"

# THROW

			FREE SPACE	
				FREE SPACE